











Barking and Dagenham, Havering and Redbridge Clinical Commissioning Groups






How we could save money: You said, we did


We have been asking local people for ideas about how we can save money.

	You said	We did
	Stop giving medicines that can be bought over the counter	GPs have now stopped giving lots of medicines that can be bought over the counter easily.
	Cut down on medicine waste	Unused medicines cannot be given to other patients. This is because they don't work as well if they're stored badly. We're looking at how we can cut medicine waste.
 	Make non-UK patients pay for treatment or make sure they have medical insurance	<p>All hospitals have to check if patients are entitled to free NHS treatment and charge people who are not for non-urgent, planned care.</p> <p>We are working with our local hospitals to make sure people who are supposed to pay for their care do.</p> <p>We are testing a scheme in Queen's Hospital where pregnant women will be asked to show photo ID and proof of address at their first appointment.</p>

You said	We did
 <p>Reuse or recycle equipment</p>     	<p>We do recycle and reuse some equipment like beds, mattresses, and commodes, and we want to do more of this.</p> <p>In Redbridge we loan rather than give items to patients. This saves us about £350,000 a year. We want to do this in Barking and Dagenham and Havering too.</p> <p>It's not possible to reuse everything, and all items need to be given to patients in good condition, so damaged, dirty, old or broken items can't be used.</p> <p>Sometimes patients don't return equipment, or don't allow it to be collected.</p> <p>Sometimes the costs to collect and recycle, is more than the cost of a new item.</p>

   <p>Patients could pay a small charge towards the cost of IVF</p>	<p>We can't charge patients for IVF because this goes against NHS values.</p> <p>We have limited who can have NHS-funded IVF treatment and the number of funded embryo transfers they can have.</p>
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IVF is a way of helping people who are struggling to have a baby

 <p>Lower admin costs, managers and agency staff</p>	<p>We are three organisations that share one management team. We have lowered our staffing and running costs, but there are limits to what other savings we can make.</p>
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You said

We did



No **gluten-free** food on prescription or vouchers for people who need help with the cost.

GPs will no longer give prescriptions for gluten-free food.

Fairly priced gluten-free foods can be found in lots of places, including supermarkets and chemists.

Gluten-free foods are those that are free of wheat and other related grains



Rethink what **cosmetic surgery** the NHS gives.

We have decided to no longer fund a number of cosmetic procedures.

Some patients will continue to have this type of surgery paid for by the NHS. This includes some cancer, burns and trauma patients.



The NHS should not treat:

We try to get people to be healthy and but addictions are diseases and treat them as such.

- heavy smokers
- alcoholics
- overweight people
- people using illegal drugs

Our GPs often see patients who are have these problems. At the moment they often refer these patients to stop smoking clinics and other healthy lifestyle services.

We have heard what some people think about us paying for these treatments but we are not thinking about stopping them at the moment.

