

## ‘Spending NHS Money Wisely’ summary of decisions reached

BHR CCGs needs to make £55 million of local savings in the 2017/18 financial year. Following a public consultation, BHR CCGs have decided to no longer fund some treatments and procedures, as proposed in the recent public consultation. This will come into effect from 10 July 2017. These are:

Procedures the local NHS will no longer fund	
Procedure	Decision
Gluten-free products	GPs to stop prescribing gluten-free products.
Medicines for dental conditions	GPs to stop prescribing medicines for dental conditions.
Head lice and scabies medicines	GPs to stop prescribing medicines for head lice and scabies.
Rubefacient creams and gels	GPs to stop prescribing Rubefacient creams and gels such as ‘Deep Heat’ and ‘Tiger Balm’
Omega-3 and other fish oil supplements	GPs to stop prescribing Omega-3 and other fish oil supplements
Multivitamin supplements	GPs to stop prescribing multivitamin supplements
Eye vitamin supplements	GPs to stop prescribing eye vitamin supplements
Colic remedies for babies	GPs to stop prescribing colic remedies for babies
Cough and cold remedies	GPs to stop prescribing cough and cold remedies
Painkillers	GPs to stop prescribing painkillers for adults with acute pain Children and those with chronic pain will continue to be prescribed these
Soya-based formula milk	GPs to stop prescribing soya-based formula milk.
Travel vaccinations	GPs to stop providing the following vaccines free of charge: <ul style="list-style-type: none"> <li>• Hepatitis A and B combined</li> <li>• Hepatitis B</li> <li>• Meningococcal meningitis</li> <li>• Japanese encephalitis</li> <li>• Rabies</li> <li>• Tick-borne encephalitis</li> <li>• Tuberculosis</li> <li>• Yellow fever</li> </ul>
Face lift and brow lift surgery	Stop funding face lift and brow lifts
Breast enlargement	Stop funding breast enlargement surgery.
Revising breast enlargement	Stop funding revision of breast enlargement surgery
Hyperhidrosis surgery	Stop funding surgery to reduce excessive sweating.
Trigger finger surgery	Stop funding surgery for trigger finger
Scrotum swellings surgery	Stop funding surgery to treat scrotum swellings
Labiaplasty	Stop funding labiaplasty surgery
Varicose vein surgery	Stop funding surgery for varicose veins

**Note: Stopping funding certain surgical procedures does not apply to patients who have had major trauma, cancer or severe burns and require this surgery as a result.**

<b>Procedures the local NHS will restrict access to</b>	
<b>Procedure</b>	<b>Decision</b>
IVF	Fund one IVF embryo transfer for women aged 23-39 (previous policy was to fund three) Stop funding IVF for women aged 40-41 (previous policy was to fund one embryo transfer)
New eligibility criteria for weight loss surgery	Weight loss surgery will only be funded if a person has a body mass index (BMI) of 35 or above and type 2 diabetes
<b>Procedures the local NHS will continue to fund</b>	
<b>Procedure</b>	<b>Decision</b>
Male and female sterilisation	Continue to fund male and female sterilisation.
Surgery to the outside of the ear	Continue to fund cosmetic surgery to the outside of the ear.
Surgical removal of moles, scars, cysts and birthmarks	Continue to fund cosmetic procedures for surgical removal of moles, scars, cysts and birthmarks.
Surgical removal of vascular lesions	Continue to fund cosmetic procedures for surgical removal of vascular lesions.
Hair removal	Continue to fund cosmetic procedures for hair removal.
Breast reduction	Continue to fund cosmetic procedures for breast reduction.
Surgery for 'man boobs'	Continue to fund surgery for 'man boobs'.
Tummy tuck surgery	Unable to reach a decision.

To find out more: [www.barkingdagenhamccg.nhs.uk/spending-wisely](http://www.barkingdagenhamccg.nhs.uk/spending-wisely)

[www.haveringccg.nhs.uk/spending-wisely](http://www.haveringccg.nhs.uk/spending-wisely)

[www.redbridgeccg.nhs.uk/spending-wisely](http://www.redbridgeccg.nhs.uk/spending-wisely)

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