

Where to go to have a blood test? Updated for current COVID-19 pandemic

In light of the COVID-19 virus, we have taken steps to protect the public and our patients and staff:

- There are currently **no walk-in services** available for Barking and Dagenham or Havering patients – all blood tests must be booked in advance.
- A number of the usual blood testing locations have also been closed to reduce patient footfall, support social distancing and optimise our resources.
- Blood tests for **children under 12** are done by appointment only by BHRUT's Children's Outpatients
- Always take your paper blood test form to your appointment as this is needed to process your blood test

Please note that this information is subject to change and updated regularly.

Hospital sites

<p>Barking Community Hospital *</p>	<p>Monday – Friday 7:00am – 2:45pm Saturday and Sunday – 8:00am – 4:00pm By appointment only</p>	<p>Upney Lane, Barking, Essex, IG11 9LX Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm) Telephone lines are very busy and it is recommended that patients book.</p>
<p>King George Hospital °</p>	<p>Blood testing services are available for patients under the hospitals' care. This includes oncology (cancer), maternity and haematology patients.</p>	<p>Barley Lane, Goodmayes, Essex, IG3 8YB Appointment only. Ground floor, Outpatients Dept. Phone King George Hospital 020 8970 8383 <i>(For children under 12 years old tests are done by appointment - 01708 435289 – in Children's Outpatients at Queen's Hospital.)</i></p>
<p>Queen's Hospital °</p>	<p>If you are one of these patients, you will already have been informed how to have your blood test. Children under 12 years old can</p>	<p>Rom Valley Way, Romford, Essex, RM7 0AG Appointment only. Ground floor in the Main Entrance. Phone Queen's Hospital 01708 435498</p>

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	also be seen by appointment.	<i>(For children under 12 years old only: tests are done by appointment - 01708 435289 – in Children’s Outpatients.)</i>
Whipps Cross Hospital	<p>Barts Health patients only</p> <p>Blood test appointments for children between 1-years-old and 9-years-old are available at Whipps Cross Hospital. Please select the children’s blood test option when booking your appointment online.</p> <p>Blood test appointments for children under 12-months-old: please book the appointment directly with the paediatric team on the Medical Day Unit, Acorn ward, Whipps Cross Hospital by calling 07546 655 797</p>	<p>Leytonstone E11, Area 1 Outpatients</p> <p>Please note: the majority of the appointments at Whipps Cross are for hospital patients attending hospital clinics, if you are a GP patient please select the adult GP option when booking.</p> <p>Book online here: https://www.swiftqueue.co.uk/bartshealth.php</p>

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Clinics/Health Centres

<p>Barley Court Clinic (Goodmayes Hospital) *</p>	<p>Monday - Friday 8am to 4pm Saturday– 8:00am – 4:00pm Sunday-8:00am – 4:00pm By appointment only</p>	<p>Barley Court Clinic, Goodmayes Hospital, 157 Barley Lane, Ilford, IG3 8XJ Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm) Telephone lines can get very busy and it is recommended that patients book online.</p>
<p>Chadwell Heath Health Clinic *</p>	<p>Mondays - Fridays 8:30am to 3:30pm By appointment only</p>	<p>Ashton Gardens, Dagenham, Essex, RM6 6RT Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm) Telephone lines can get very busy and it is recommended that patients book online.</p>
<p>Church Elm Lane Health Centre *</p>	<p>Mondays, Wednesdays and Fridays 8:30am - 3:30pm By appointment only</p>	<p>169 Church Elm Lane, Dagenham RM10 9RR Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm) Telephone lines can get very busy and it is recommended that patients book online.</p>

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<p>Cranham Health Centre *</p>	<p>Monday – Friday 8:30am- 2:30pm By appointment only</p>	<p>108 Avon Road, Cranham, RM14 1RG Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm) Telephone lines can get very busy and it is recommended that patients book online.</p>
<p>Forest Medical Centre <input type="checkbox"/> This centre is currently closed due to flooding.</p>	<p>Monday – Friday 8:30am – 12:30pm Please note: only patients who would usually use Heronwood & Galleon or / Whipps Cross site should use the facilities at Forest Medical Centre. Due to different systems, results are not available for patients who would not normally use those services. By appointment only</p>	<p>Old Station Road, Loughton, Essex, IG10 4PE Please book your appointment https://www.swiftqueue.co.uk/bartshealth.php</p>
<p>Hainault Health Centre *</p>	<p>Monday – Friday 8:30am – 3:30pm By appointment only</p>	<p>Manford Way, Hainault, Essex IG7 4DF Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm)</p>

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<p>Harold Hill Health Centre *</p>	<p>Monday – Friday 8.30am to 3.30pm By appointment only</p>	<p>Gooshays Drive, Romford, RM3 9SU Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm) Telephone lines are very busy and it is recommended that patients book.</p>
<p>Harold Wood Polyclinic ≈</p>	<p>Monday – Friday 8:00am – 12:00pm By appointment only</p>	<p>St Clements Avenue, Off Gubbins Lane, Harold Wood RM3 0FE. Appointment only. Phone 020 3416 7711 (please note new number) No children under 16.</p>
<p>Heronwood and Galleon Unit □</p>	<p>Monday - Friday 8:00am – 1:00pm Redbridge patients only By appointment only</p>	<p>Makepeace Rd, Wanstead, London E11 1UU Please be aware that a one-way entry and exit system is in operation at this site. Face coverings must be worn at all times whilst on the premises. To comply with social distancing rules, you may be given additional instructions by staff on your arrival. Book online at: https://www.swiftqueue.co.uk/bartshealth.php</p>

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<p>Loxford Polyclinic *</p>	<p>Monday – Sunday 8:00am – 4:00pm By appointment only</p>	<p>Ilford Lane, Ilford, IG1 2SN Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm) Telephone lines can get very busy and it is recommended that patients book online.</p>
<p>Porters Avenue Clinic *</p>	<p>8:30am – 3:30pm Mondays - Fridays By appointment only</p>	<p>234 Porters Avenue, Dagenham, Essex, RM8 2EQ Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm) Telephone lines can get very busy and it is recommended that patients book online.</p>
<p>Raphael House</p>	<p>8:30am – 3:30pm Mon to Fri Saturday– 8:00am – 4:00pm Sunday– 8:00am – 4:00pm By appointment only</p>	<p>Raphael House, Pettits Lane, Romford, RM1 4HP Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm) Telephone lines can get very busy and it is recommended that patients book online.</p>

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<p>Seven Kings Health Centre *</p>	<p>9:15am – 3:30pm Monday to Friday By appointment only</p>	<p>1 Salisbury Road, Porters Avenue Seven Kings, Essex, IG3 8BG Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm) Telephone lines can get very busy and it is recommended that patients book online.</p>
<p>South Woodford Health Centre *</p>	<p>8:30am – 3:30pm Monday to Friday By appointment only</p>	<p>114 High Road, South Woodford, E18 2QS Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm) Telephone lines can get very busy and it is recommended that patients book online</p>
<p>Thames View Health Centre *</p>	<p>8:00am to 4:00pm Monday – Friday By appointment only</p>	<p>Bastable Avenue, Barking, IG11 0LG Appointment only. Book online at https://10to8.com/book/nelftbookabloodtest/ No children under 12. Telephone number: 0300 300 1704/ 0300 5551045 (Lines open 8am-4pm) Telephone lines can get very busy and it is recommended that patients book online</p>

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A number of GP practices are also offering phlebotomy services across BHR – the arrangements by borough and practice are set out below. All blood tests for the practice sites below need to be booked via your practice (please note that this list will be updated as more practices start to provide services):

Barking and Dagenham:

Barking Medical Group Practice	Open to patients registered at this practice only	130 Upney Lane, IG11 9LT
Becontree Medical Centre	Open to patients registered at this practice only	645 Becontree Avenue, RM8 3HP
Church Elm Lane Medical Practice	Open to patients registered at this practice only	169 Church Elm, Dagenham, RM10 9RR
Gables Surgery	Open to patients registered at this practice only	Markyate Road, RM8 2LD
Halbutt Street Surgery	Open to patients registered at this practice only	2 Halbutt Street, RM9 5AS

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Heathway Medical Centre	Open to patients registered at this practice only	Morland Road, RM10 9HU
Hedgemans Medical Centre	Open to patients registered at this practice only	92 Hedgemans Rd, RM9 6HT
John Smith Medical Centre	Open to patients registered at this practice only	John Smith House, Bevan Avenue, IG11 9LL
Marks Gate Health Centre	Open to patients registered at this practice only	Lawn Farm Grove, Romford, RM6 5LL
Parkview Medical Practice	Open to patients registered at this practice only	199 Reede Road, RM10 8EJ
Ripple Road Medical Centre	Open to patients registered at this practice only	364-370 Ripple Road, IG11 9RS

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St Albans Surgery	Open to patients registered at this practice only	Urswick Road, RM9 6EA
The White House	Open to patients registered at this practice only	12 Movers Lane, IG11 7UN
Tulasi Medical Practice	Open to patients registered at this practice only	10 Bennetts Castle Lane, RM8 3XU
Urswick Medical Centre	Open to patients registered at this practice only	Urswick Road, RM9 6EA
Valence Medical Centre	Open to patients registered at this practice only	563 Valence Avenue, RM8 3RH

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Havering

Berwick Surgery	Open to patients registered at this practice only	17 Berwick Road, Rainham, RM13 9QU
Cranham Village Surgery (Dr Dahs & Partners)	Open to patients registered at this practice only	143 Ingrebourne Gardens, Cranham, RM14 1BJ
Chadwell Heath Health Centre (Dr A Patel)	Open to patients registered at this practice only	Ashton Gardens, Chadwell Heath, RM6 6RT
Dr Poolo's Surgery, Rush Green Medical Centre	Open to patients registered at this practice only	261 Dagenham Road, RM7 0XR
Ingrebourne Medical Centre	Open to patients registered at this practice for urgent bloods only	135 Straight Road, Harold Hill, RM3 0PT

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Petersfield Surgery	Open to patients registered at this practice only	70 Petersfield Avenue, Harold Hill, RM3 9PD
The Health Centre (Dr Kuchhai)	Open to patients registered at this practice only	Harold Hill Health Centre, Gooshays Drive, Harold Hill, RM3 9SU

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Redbridge

Aldersbrook Medical Centre	Urgent bloods only Open to patients registered at this practice only for urgent bloods	65 Aldersbrook Rd, Manor Park, London E12 5DL
Castleton Road Health Centre	Open to patients registered at this practice only	19-21 Castleton Rd, Ilford IG3 9QW
Chadwell Heath Surgery	Open to patients registered at this practice only	72-74 Chadwell Heath Lane, Romford, RM6 4AF
Clayhall Group Practice (formally Clayhall Clinic)	Open to patients registered at this practice only	14 Clayhall Ave, Ilford IG5 0LG
Fullwell Cross Medical Centre	Appointments available to patients registered outside of this practice. Book via your GP.	1 Tomswood Hill, Ilford IG6 2HG
Gants Hill Medical Centre	Open to patients registered at this practice only	63-65 Ethelbert Gardens, Ilford IG2 6UP

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Glebelands Practice	Open to patients registered at this practice only	2 Glebelands Ave, South Woodford, London E18 2AB
Goodmayes Medical Centre	Open to patients registered at this practice only	4 Eastwood Rd, Ilford IG3 8XB
Granville Medical Centre	Open to patients registered at this practice only	4 Granville Rd, Ilford IG1 4JY
Hainault Surgery	Open to patients registered at this practice only	34 New Rd, Ilford IG6 2XG
Kenwood Medical Centre	Open to patients registered at this practice only	737 Cranbrook Rd, Ilford IG2 6RJ
Mathukia's Surgery	Open to patients registered at this practice only	281 Ilford Lane, Ilford IG1 2SF

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Newbury Group Practice	Appointments available to patients registered outside of this practice. Book via your GP.	40 Perrymans Farm Rd, Ilford IG2 7LE
Rydal Group Practice	Open to patients registered at this practice only	375 High Rd, Woodford, Woodford Green IG8 9QJ
The Drive Surgery	Open to patients registered at this practice only	68 The Drive, Ilford IG1 3HZ
The Practice Loxford PLC	Open to patients registered at this practice only	417 Ilford Ln, Ilford IG1 2SN
The Shrubberies Medical Centre	Open to patients registered at this practice only	12 The Shrubberies, South Woodford, London E18 1BD
The Willows Medical Practice	Open to patients registered at this practice only	Hainault Health Centre, Manford Way, Chigwell IG7

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