

‘Spending NHS money wisely 2’ summary of decisions reached

Barking and Dagenham, Havering and Redbridge Clinical Commissioning Groups (BHR CCGs) need to make £55 million of local savings in the 2017/18 financial year. Following a public consultation, BHR CCGs have decided to restrict or no longer fund some treatments, medicines and procedures, as proposed in the recent public consultation. We will begin to introduce these changes from 8 January 2018. These are:

Medicines the local NHS will no longer fund	
Medicine	Decision
Anti-malarial medicine	GPs to stop prescribing anti-malarial medicine
Threadworm medicine	GPs to stop prescribing threadworm medicine
Sleeping tablets	GPs to stop prescribing over the counter sleeping tablets for mild and short-term use
Hay fever medicine	GPs to stop prescribing hay fever medicine to treat mild to moderate symptoms
Travel sickness medicine	GPs to stop prescribing travel sickness medicine
Vitamin D supplements (maintenance only)	GPs to stop prescribing vitamin D supplements for maintenance only Vitamin D deficiency will still be treated
Probiotics supplements	GPs to stop prescribing probiotic supplements
Bath oils, shower gels and shampoo	GPs to stop prescribing bath oils, shower gels and shampoo for the management of dry skin conditions
Skin rash remedies	GPs to stop prescribing skin rash creams for mild skin rashes Severe skin conditions, such as psoriasis, will still be treated
Sunscreens	GPs to stop prescribing sunscreens People undergoing treatment for cancer and/or with specialist skin conditions will continue to be prescribed these
Procedures the local NHS will no longer fund	
Procedure	Decision
Earwax removal	Stop funding earwax removal via aural micro suction
Injections for back pain	Stop funding the following injections for back pain: <ul style="list-style-type: none"> • spinal disc injections • facet joint injections • epidural injections for spinal claudication
Osteopathy (Redbridge only)	Stop funding osteopathy In BHR osteopathy is only available in Redbridge
Procedures the local NHS will restrict access to	
Procedure	Decision
Cataract surgery	Change the eligibility criteria for cataract surgery Full details of the new criteria will be circulated to GPs
Podiatry	Routine podiatry, such as corn and callus care and toenail cutting, to only be

	<p>available to people who have an underlying medical condition, such as diabetes or rheumatoid arthritis</p> <p>The following care is still available to all when needed:</p> <ul style="list-style-type: none">• biomechanical and gait reviews• nail surgery for painful/in-growing toenails (under local anaesthetic)• a comprehensive diabetic foot service, including the management of acute foot problems.
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To find out more: www.barkingdagenhamccg.nhs.uk/spending-wisely

www.haveringccg.nhs.uk/spending-wisely

www.redbridgeccg.nhs.uk/spending-wisely

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